

Composition:

What is the Effect of being a Twin?

Your Name

Course Title

Professor's Name

Due Date

### What is the Effect of being a Twin?

Being a twin is not common, as normally conception involves one egg being fertilized by one sperm. In the case of twins, about 2% of all pregnancies only 30% of these are identical. The remainder are fraternal twins. Fraternal twins are conceived when two eggs ovulate at the same time and are fertilized.

What is the effect of being a twin is determined by several factors, physical, gender, physiological and emotional. Identical twins are more affected than fraternal ones.

Identical twins are the same gender. They will either both be boys or both girls. Fraternal twins can be different genders to each other. Identical twins will be physically the same, or identical to look at and difficult to know which one you are talking to. However, the real effects are experienced in the psychological and emotional realms.

### The Ultimate Soul mate

Identical twins especially have a very close intimate relationship with their twin. This bond transcends geographical situations, as even when apart they seem to know what the other is experiencing. It is a closeness that is not experienced with their other siblings. This has a satisfaction, as they are not lonely, and always assured.

Nevertheless, this closeness can have a downside when it comes to romance. The level of intimacy may be hard to replicate in a marriage partner.

### The Identity Issue

Dhyanna Noble, 54, is an identical twin and a psychotherapist and educator specializing in twins and multiple births.

She says, "Being a twin is having a bond that last forever, the individuation process, becoming distinctive, lasts forever too." Other twins, however, find it hard to have a clear sense of self. Life starts with a sense of 'we', and effort must be made to allow sense of self to develop.

Others find that whilst they are identical in physical ways, they are different in character, talents, and abilities. These find it easier to have their own sense of identity.

### Social Interaction

Many twins find it natural to work easily with other people, as they are used to working together with their twin and do not have ego issues.

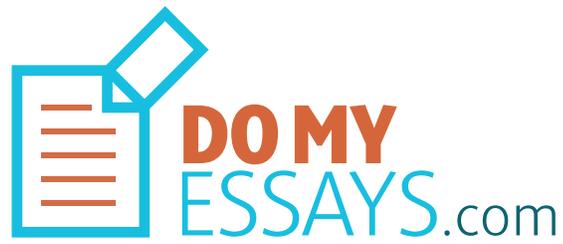
However, in normal social interactions a twin may feel an outsider. Because the twin has become used to a close relationship with the other, relationships with others can seem to be shallow. This can result in feeling alone in a group

### Twins and Partnering

The biggest effect of being a twin is in the romantic and marriage areas. Twins find it hard to form close intimate relationships with others. Especially difficult is to build an intimacy with a potential spouse. This is because the twins are so close, and have been so for years, that to bring a stranger into their life that will rival the status quo is difficult.

### Twins and Their Siblings

When twins have other siblings, it also has an effect. The primary one is that the twins become dominant in the family. They are unique; therefore, they are the twins. The twins share a pram, they share a room. Each of the other siblings are seen as one unit on their own. Twins are seen as being one unit together. This gives them a high profile as twins, but loss of identity as individuals.

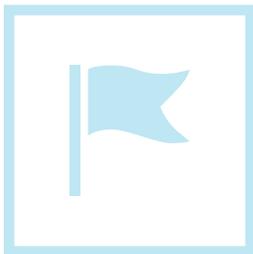


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